



# MASSAGES



AT SADDLEBROOKE TWO

HEYDI JONES | TRINKET ACEVEDO

**\$100** | 50 MINS **\$130** | 80 MINS

**REIKI CHAKRA BALANCING:**

Improves Flow And Balance Of Energy Through Gentle Touch.

**HOT STONES:**

Promote Deeper Muscle Relaxation Through Use Of Smooth, Water-Heated Basalt Stones.

**LYMPHATIC MASSAGE:**

Relieves Swelling That Happens When Medical Treatment Or Illness Block Your Lymphatic System.

**MYOFASCIAL RELEASE:**

Slow And Gentle Massage That Releases Tension Throughout The Myofascial Tissues.

**CUPPING (Heydi Only) :**

Increase Circulation To A Specific Area Relieving Muscle Tension And Improve Blood Flow.

**REFLEXOLOGY:**

Pressure Applied To Areas Of The Feet To Alleviate Stress.

**ACCOUSTIC SOUND THERAPY: (Heydi Only)**

Offers A Unique And Holistic Approach To Wellness By Harnessing The Healing Properties Of Sound And Vibrations

**INQUIRE MORE AND BOOK AT DV FRONT DESK**

**EXCLUSIVELY FOR SADDLEBROOKE RESIDENTS.**

**PAYMENT MUST BE MADE IN PERSON. CC, GIFT CARD, OR MEMBER CHARGE CANCELLATIONS MUST BE OUTSIDE OF 24 HOURS PRIOR TO APPOINTMENT.**